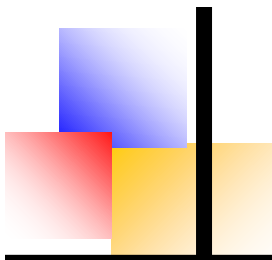



SEPTEMBER 2016

menu subject to change



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Crisp Green Salad & Milk Served Every Day, Wheat Bread as Needed.	1 Beef Sesame Sticky Rice Sautéed Carrots Fresh Fruit	2 Cheese Burgers Relish Tray Baked Beans Potato Salad Fresh Fruit	3
4	5 CLOSED HAPPY LABOR DAY! 	6	7 Ham Hock with Beans Roasted Kale Cornbread Fresh Fruit	8 Beef Goulash Buttered Noodles Glazed Carrots Fresh Fruit	9 Chicken & Dumpling Wheat Bread Fresh Fruit	10
11	12 Tuna Cassarole Broccoli Spears Wheat Roll Fresh Fruit	13	14 Baked Pork Chops Wild Rice Pilaf Garden Veggies Fresh Fruit	15 Spaghetti Garlic Bread Veggie Blend Fresh Fruit	16 Beef Stew Bread Stix Fresh Fruit	17
18	19 Turkey Sloppy Joes Whole Wheat Bun Baked Tater Tots Jello / Fruit	20	21 Sweet & Sour Meatball Brown Rice Steamed Broccoli Fresh Fruit	22 Baked Chicken Potato Medley Green Beans Fresh Fruit	23 Baked Salmon Pinto beans Potato Salad Watermelon	24
25	26 CLOSED Nisqually Day	27	28 Kalua Pork Cabbage Sticky Rice Fresh Fruit	29 Ham, Link Sausage, Scrambled Eggs, Breakfast Potatoes, Fresh Fruit	30	